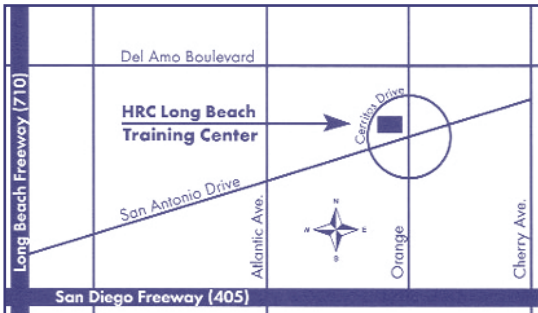


## HRC serves these communities:

Artesia  
Avalon  
Bellflower  
Carson  
Cerritos  
Harbor City  
Harbor Gateway  
Hawaiian Gardens  
Hermosa Beach  
Lakewood  
Lomita  
Long Beach

Manhattan Beach  
Norwalk  
Palos Verdes Estates  
Rancho Palos Verdes  
Redondo Beach  
Rolling Hills Estates  
San Pedro  
Signal Hill  
Torrance  
Wilmington



*Harbor Regional Center serves people with Developmental Disabilities in the South Bay, Harbor, Long Beach, and Bellflower areas.*

## WHAT'S A DEVELOPMENTAL DISABILITY?



HARBOR REGIONAL CENTER  
HARBOR DEVELOPMENTAL DISABILITIES FOUNDATION, INC.  
21231 Hawthorne Boulevard, Torrance CA 90503  
[www.harborrc.org](http://www.harborrc.org)



**A developmental disability is a condition which originates during a person's developmental period (birth – age 18), considered to be life long, and is caused by:**

- intellectual disability
- cerebral palsy
- epilepsy
- autism spectrum disorder
- or other conditions similar to intellectual disability or require the same treatment and services as someone with an intellectual disability

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**A person may have a developmental disability if he/she:**

- had complications at birth
- was slow to learn to sit, crawl, walk, or talk
- has trouble following simple directions
- has a short attention span
- has difficulty or is slow to learn, to read, or write
- has a physical disability
- has trouble or avoids interaction with other people
- deliberately hurts himself or herself
- has seizures



**Regional Centers provide free services to California residents who:**

- have a developmental disability
- are at risk of having a developmental disability
- are at risk of parenting a child with a developmental disability

If you think you, your child, or someone you know may have a developmental disability, simply call the Harbor Regional Center Intake Assistant to request an evaluation, or apply on-line at [www.harborrc.org](http://www.harborrc.org).

- for infants and toddlers birth to three years of age, call (310) 543-7927
- for children and adults ages 3 and older, call (310) 543-7928

Harbor Regional Center  
21231 Hawthorne Blvd.  
Torrance, CA 90503  
(310) 540-1711

and

1155 E. San Antonio Drive  
Long Beach, CA 90807  
(310) 540-1711  
[www.harborrc.org](http://www.harborrc.org)

There is no cost to you or your family for any of the tests or services we provide during the intake process. However we may ask the professionals who conduct assessments to bill your insurance or Medi-Cal, if available, before billing us.

**Regional Center may include:**

- interview with an intake service coordinator
- review of existing medical and/or assessment information
- assessment by a clinical specialist or team to determine a diagnosis, and whether a developmental disability is present
- review of test results with you
- referral to other appropriate services

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**Harbor Regional Center can provide:**

- diagnosis and assessment
- information and referral
- individual person-centered planning
- family support
- assistance in finding and using community resources
- early intervention
- parent training
- behavior intervention
- respite
- supported living
- group homes
- adult day activities
- supported employment
- prevention services for individuals at risk of parenting a child with a developmental disability