

## **Harbor Regional Center Service Policy**

### **CRISIS INTERVENTION SERVICES**

#### **DEFINITION:**

Crisis Intervention Services consist of immediate, intensive, brief (time-limited) professional assistance/support to help a person return to a previous level of functioning or emotional state enabling him/her to maintain community living arrangements and other life activities of his/her choice without being at imminent risk of endangering him/herself or others.

Crisis Intervention Services may include but are not limited to:

- temporary care in a community psychiatric hospital for the purpose of short-term stabilization;
- time-limited counseling or psychotherapy as a component of either outpatient or inpatient mental health psychiatric care;
- temporary care in a licensed community residential setting for the purpose of short-term stabilization;
- time-limited one-to-one supports in the current living setting

#### **PHILOSOPHY:**

Harbor Regional Center supports the provision of an array of crisis intervention services which will enable our clients to maintain community living arrangements, relationships and other life experiences/activities of their choice. We recognize our responsibility to assist clients and their caregivers to anticipate and to prevent mental health crises.

#### **POLICY:**

Harbor Regional Center may purchase Crisis Intervention Services for a client only if the following criteria are met:

1. an assessment is made by Harbor Regional Center approved personnel which indicates that the crisis intervention service is needed to return the client to his/her previous level of functioning or emotional state and also indicates that the intervention is likely to enable the client to maintain his/her community living arrangement;
2. the client is not eligible for a crisis intervention, or substantially similar service provided by Medi-Cal, private insurance, or any other third party payer; and
3. the crisis intervention service does not exceed the time limits specified in the IFSP/IPP.